



Tabriz University of Medical Sciences (TUOMS)
School of Medicine

Curriculum Vitae

Personal Data:

First name: Fariba

Last name: Eslamian

Nationality: Iranian

Date of birth: 1975.04.27

Place of birth: Tabriz/Iran

Marital status: Married

Specialty: Physical medicine and rehabilitation

Academic rank: Associate professor

Department/Research Center: Physical medicine and rehabilitation

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h-index (Scopus): 13 , **(Google scholar:** 17)

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Researcher ID: L-7751-2017



Fields of interest

Electrodiagnostic medicine in neuromuscular diseases, Pain medicine, Acupuncture therapy, peripheral joints injection, Neuro rehabilitation

Skills: (language, software...)

I can write, speak and teach in Persian and English.

I can use computer and specific soft wares for academic purposes, teaching, and participation in seminars, etc.

Educational Background:

Date	Degree	Institution	Country
June 1993	Diploma of high school	Tohid high school	Tabriz/Iran
September 2000	Doctorate in Medicine (general practitioner ,MD)	Tabriz university of medical sciences	Tabriz/Iran
September 2005	Specialist in Physical medicine and rehabilitation	Tabriz university of medical sciences	Tabriz/Iran

Thesis

Degree	Title
Doctorate in Medicine	“Thyrotoxic Periodic Paralysis in Azari Iranians – a 10-yrs retrospective analytical research study”. Supervisor: Prof. Amir Bahrami.
Specialty of Physical medicine and Rehabilitation	“Effects of Radial Artery Harvesting on Hand function in Patients with Coronary Artery Bypass Graft Surgery”. Supervisor: Prof. Seyed Kazem Shakouri

Educational experience

Teaching

Date (month/year)	Course Name, Venue (Institution, Address)
October 2005-December 2012	Assistant Professor of Physical Medicine and Rehabilitation, Faculty of Medicine, Tabriz University of Medical Sciences, Tabriz, Iran.
December 2012 till present	Associate Professor of Physical Medicine and Rehabilitation, Faculty of Medicine, Tabriz University of Medical Sciences, Tabriz, Iran.
October 2005 till present.	Attending staff, Teaching Hospitals, Tabriz University of Medical Sciences.

Workshop(s)

Date (month/year/address)	Course Name, Venue, Institution
2024 , Tabriz/Iran (January-31March)	Educational, teaching and learning course:
2009, Tabriz/Iran (May-October)	"Teachers 'Empowering course"
2015 July, Berlin/Germany	Electrodiagnosis of diaphragm and Phrenic nerve conduction study
2015 July, Berlin/Germany	Musculoskeletal Sonography
2017,2018 December, Tehran/Iran	Musculoskeletal Sonography
2017, December, Tehran/Iran	kinesiotyping
2010, January, Tehran/Iran	Acupuncture for musculoskeletal problems
2005, Tabriz/Iran (April-December)	Manipulation in spinal and peripheral joints

International Lecture(s)

Date (month/year)	Details
June 2015, Berlin/Germany 9th International congress of Society of Physical & Rehabilitation Medicine (9th ISPRM)	Therapeutic Effectiveness of Ultrasound-guided versus Blind intra-articular Injections of Hyaluronic acid in Patients with Moderate knee osteoarthritis, Oral presentation
November 2010, Mashhad/Iran 2nd International and 14th Annual Congress of Iranian Society of Nuclear Medicine	Effect of enhanced external counterpulsation on myocardial perfusion in patients, unsuitable for invasive interventions, Oral presentation
13-17 June 2009, Istanbul/Turkey 5th International congress of Society of Physical & Rehabilitation Medicine (5th ISPRM)	Factors affecting hospitalization length and patient ambulation after hip fracture in a rehabilitation ward, poster presentation
13-17 June 2009, Istanbul/Turkey 5th International congress of Society of Physical & Rehabilitation Medicine (5th ISPRM)	Study on electro physiologic changes in hypothyroid patients, poster presentation

Research Activities:

Research areas, Interests

1-Electrodiagnosis in neuromuscular diseases 2-Pain management 3-Intra-articular injections
4-Acupuncture and complementary medicine 5-Rehabilitation in neurologic disorders
6- Musculoskeletal disorders treatment

Books:

N	Title	Authors	Publisher	Authorship/ Translation/
	Title of e-book: Advances in Clinical Neurophysiology Title of my Chapter: Neuromuscular Disorders in Critically-Ill Patients, Approaches to Electrophysiologic Changes in Critical Illness Neuropathy and Myopathy	Fariba Eslamian, MD Mohamad Rahbar, MD	In-Tech publication-14 October 2012	Written by mine and co-author

Selected articles:

N	Title	Authors	Journal	Year	Indexed in (Scopus, Medline, WOS,)
1	Reproductive history is associated with functional disabilities and symptoms in women with knee osteoarthritis: a case-control study	Fariba Eslamian, Seyed Kazem Shakouri Narges Mohammadpour ,Neda Dolatkhah , Soheila Bani, Fatemeh Nazari Khanmiri	BMC Research Notes	2024	ISI, IF:1.6
2	Saccharomyces boulardii improves clinical and paraclinical indices in overweight/obese knee osteoarthritis patients: a randomized triple-blind placebo-controlled trial	Neda Dolatkhah , Alireza Jafari , Fariba Eslamian , Vahideh Toopchizadeh , Parviz Saleh , Maryam Hashemian	European Journal of Nutrition,	2024	ISI, IF:4.1

3	Effectiveness of Botulinum Toxin on Hand Tremor Intensity and Upper Limb Function in Patients with Parkinson's Disease: Results of a Systematic Review	Fariba Eslamian , Neda Dolatkhah, Leila Fallah, Fatemeh Jahanjoo, Vahideh Toopchizadeh, Mahnaz Talebi	Tremor and other hyperkinetic movements	2023	ISI, IF:2.5
4	Platelet lysate and tendon healing: comparative analysis of autologous frozen-thawed PRP and ketorolac tromethamine in the treatment of patients with rotator cuff tendinopathy	Raha Markazi , Mohammad Sadegh Soltani-Zangbar, Majid Zamani, Shadi Eghbal-Fard, Roza Motavalli, Amin Kamrani, Sanam Dolati, Fariba Eslamian , et al.	Growth factors	2022	ISI, IF:1.8
5	Use of autologous conditioned serum dressings in hard-to-heal wounds: a randomized prospective clinical trial	Shakiba Gholian, Alireza Pishgahi, Kazem Shakouri, Fariba Eslamian , Mehdi Yousefi, Behzad Pourabbas, Shahla Dareshiri, Neda Dolatkhah	Journal of Wound Care	2022	ISI, IF:2.63
6	The Relationship Between Usual Daily Physical Activity with Serum Markers Related to Bone Metabolism and Demographic Characteristics in Postmenopausal Women Aged 50–65 Years	Saeedollah Azimi-Shomali, Azizeh Farshbaf-Khalili, Fariba Eslamian , Neda Dolatkhah, Nafiseh Ghassab-Abdollahi	Journal of Physical Activity and Health	2022	ISI, IF:2.25
7	Electrophysiologic findings in patients with COVID-19 and quadriparesia in the northwest of Iran, A case series study and literature review	Fariba Eslamian , Negar Taleschian, Behzad Izadseresht, Kazem Shakouri, Shakiba Gholian, Mohammad Rahbar	Caspian Journal of Internal Medicine	2021	ISI
8	Association of depression, anxiety and menopausal-related symptoms with demographic, anthropometric and body composition indices in healthy postmenopausal women	Nasibeh Barghandan, Neda Dolatkhah, Fariba Eslamian , Nahal Ghafarifar, Maryam Hashemian	BMC women's health	2021	ISI, IF:2.80
9	Relative Effectiveness of Electro-Acupuncture and Biofeedback in the Treatment of Neck and Upper Back Myofascial Pain: A Randomized Clinical Trial	Fariba Eslamian , Fatemeh Jahanjoo Neda Dolatkhah , Alireza Pishgahi , Ali Pirani	Archives of Physical medicine and rehabilitation	2020	ISI, IF:3.6
10	Electrical interferential current stimulation versus electrical acupuncture in management of hemiplegic shoulder pain and disability after ischemic stroke	Fariba Eslamian , Mehdi Farhoudi , Fatemeh Jahanjoo , Elyar Sadeghi- , Parvin Darabi	Archives of physiotherapy	2020	IF(2024): 2.1

11	Nutraceutical supplements in management of pain and disability in osteoarthritis: A systematic review and meta-analysis of randomized clinical trials	Dawood Aghamohammadi, Neda Dolatkah, Fahimeh Bakhtiari, Fariba Eslamian , Maryam Hashemian	Scientific Reports	2020	ISI, IF:4.3
12	Ginger (Zingiber officinale) and turmeric (Curcuma longa L.) supplementation effects on quality of life, body composition, bone mineral density and osteoporosis related biomarkers and micro-RNAs in women with postmenopausal osteoporosis: a study protocol for a clinical trial.	Aghamohammadi D, Dolatkah N, Shakouri SK, Hermann P, Eslamian F.	Journal of Complementary and Integrative Medicine	2020	Pubmed
13	Determination of Body Composition Analysis in Association with Pain and Functional Status of Patients with Chronic Mechanical Low Back Pain	Fariba Eslamian , Neda Dolatkah, Mahya Pourostadi, Ali Pirani	Physical Medicine, Rehabilitation, and Electrodiagnosis	2019	Google scholar Index Copernicus
14	Comparison of Therapeutic Efficacy of Acupuncture and Low-Level Laser in the Treatment of Cervical Myofascial Pain Syndrome: A Single-Blind Randomized Controlled Clinical Trial	Fariba Eslamian , Mehrzad Hajjalilo, Leila Mohammadi	Physical Medicine, Rehabilitation, and Electrodiagnosis	2019	Google scholar Index Copernicus
15	The associations of vitamin D deficiency with knee pain and biomechanical abnormalities in young Iranian patients with patellofemoral pain syndrome: A case-control study	Fariba Eslamian , Fatemeh Jahanjoo, Vahideh Toopchizadeh, Banafshe Kharrazi	Iranian Red Crescent Medical Journal	2018	ISI, IF:0.86
16	Combination of exercise and acupuncture versus acupuncture alone for treatment of myofascial pain syndrome: a randomized clinical trial	Bina Eftekharsadat, Elmira Porjafar, Fariba Eslamian , Seyed Kazem Shakouri, Hamid Reza Fadavi, Seyed Ahmad Raeissadat, Arash Babaei	Journal of acupuncture and meridian studies	2018	ISI,IF:0.3
17	A Comparison of the Efficacy of Dry-Needling and Extracorporeal Shockwave Therapy for Plantar Fasciitis: A Randomized Clinical Trial	Mohammad Rahbar, Fariba Eslamian , Vahideh Toopchizadeh, Fatemeh Jahanjoo, Ali Kargar, Neda Dolatkah	Iranian Red Crescent Medical Journal	2018	ISI, IF:0.86
18	Effect of hippotherapy simulator on pain, disability and range of motion of the spinal column in subjects with mechanical low back pain: A randomized single-blind clinical	Mohammad Rahbar, Yaghub salekzamni, Fatemeh Jahanjou, Fariba Eslamian , Alireza Niroumand, Neda Dolatkah	Journal of back and musculoskeletal rehabilitation	2018	ISI, IF:0.81

	trial				
19	Fatigue Induced Effects after Concentric versus Eccentric Exercises on Sense of Force and Senses of Position among Young Normal Adults-A Controlled Single-Blinded Study	Parvin Shokri, Fariba Eslamian , Seyed Kazem Shakouri, Silva Ohanian, Fatemeh Jahanjoo	Journal of Research in Medical and Dental Science	2018	ISI(ESCI)
20	A randomized prospective comparison of ultrasound-guided and landmark-guided steroid injections for carpal tunnel syndrome	Fariba Eslamian , Bina Eftekharsadat, Arash Babaei-Ghazani, Fateme Jahanjoo, Mojgan Zeinali	Journal of Clinical Neurophysiology	2017	ISI,IF:1.9
21	Extra corporeal shock wave therapy versus local corticosteroid injection in the treatment of chronic plantar fasciitis, a single blinded randomized clinical trial	Fariba Eslamian , Seyed Kazem Shakouri, Fatemeh Jahanjoo, Mehrzad Hajialiloo, Faraz Notghi	Pain Medicine	2016	ISI,IF:2.7
22	Therapeutic effects of prolotherapy with intra-articular dextrose injection in patients with moderate knee osteoarthritis: a single-arm study with 6 months follow up	Fariba Eslamian , Bahman Amouzandeh	Therapeutic advances in musculoskeletal disease	2015	ISI,IF:3.8
23	Effect of virtual reality-based balance training in multiple sclerosis	Bina Eftekharsadat, Arash Babaei-Ghazani, Mehran Mohammadzadeh, Mahnaz Talebi, Fariba Eslamian , Elnaz Azari	Neurological research	2015	ISI,IF:0.6
24	Effect of enhanced external counterpulsation and cardiac rehabilitation on quality of life, plasma nitric oxide, endothelin 1 and high sensitive CRP in patients with coronary ...	Kazem Shakouri, Zeynab Razavi, Fariba Eslamian , Homayoun Sadeghi, Samad Ghaffari, Arash Babaei	Annals of rehabilitation medicine	2015	Pubmed
25	Effects of low-level laser therapy in combination with physiotherapy in the management of rotator cuff tendinitis	Fariba Eslamian , Kazem Shakouri, Morteza Ghojzadeh, Ozra Nobari, Bina Eftekharsadat	Lasers in medical science	2012	ISI, IF:2.5
26	Therapeutic effects of Enhanced External Counter Pulsation (EECP) on clinical symptoms, echocardiographic measurements, perfusion scan parameters and exercise tolerance test in refractory angina	Fariba Eslamian , Naser Aslanabadi, Babak Mahmoudian, Seyyed Kazem Shakouri	Int J Med Sci Public Health	2013	Index Copernicus Chemical abstract
27	The Relationship Between Body Composition and Osteoporosis in Postmenopausal Women	M Gholami, N Ghassemlou, H Nikbakht, F Eslamian	Journal of food technology and nutrition	2013	Google scholar ISC

28	Electrophysiologic changes in patients with untreated primary hypothyroidism	Fariba Eslamian , Amir Bahrami, Naser Aghamohammadzadeh, Mitra Niafar, Yaghoub Salekzamani, Keyvan Behkamrad	Journal of clinical Neurophysiology	2011	ISI,IF:1.9
29	Effects of Balance Training Using Balance Simulator Instrument on Postural Stability in the Patients with Idiopathic Parkinson's disease	Eslamian F , Talebi M, Taheraghdam AA, Borhani N	Medical Journal of Tabriz University of Medical Sciences	2014	Google scholar ISC
30	Comparison of therapeutic efficacy between acupuncture and low level laser in the treatment of cervical myofascial pain syndrome: a single blinded randomized clinical trial study	Fariba Eslamian , Mehrzad Hajialilo, Leila Mohammad	Iranian south medical journal	2014	Google scholar ISC
31	comparison of physiotherapy and acupuncture on myofascial pain syndrome related headache	kazem shakouri, ali akbar taheraghdam, yaghoub salekzamani, mehran mohammadzadeh, daryoush savadi, fariba eslamian , homayoun sadeghi, mohammad shimia	Journal of Tabriz University of Medical Sciences	2012	Google scholar ISC
32	Comparison of Outcomes and Complications of 1- and 4- week Cast Immobilization after distal Radius Surgery.	Soleiman pour J, Ghorbanzadeh M , Ganjpor J, Eslamian F	Journal of Kerman University of Medical Sciences	2011	Scopus Google scholar ISC
33	Study on Therapeutic Effects of Electrical Stimulation on Upper Limb Spasticity Following Stroke	Zahra Motavalli, Vahideh Toopchizadeh, Fariba Eslamian , Mohammad Rahbar, Mahnaz Talebi	Journal of Tabriz University of Medical Sciences	2011	Google scholar ISC
34	Electrophysiologic feature of Vincristine- induced neuropathy	Toopchizadeh V , Hussein SJ, Barzegar M, Rezamand A, Hosseinpour feizi A, Rahbar M, Eslamian F	Medical Journal of Tabriz University of Medical Sciences	2009	Google scholar ISC
35	Case report: two case reports of hereditary sensory autonomic neuropathy type II in a family	Fariba Eslamian , Jafar Soleymanpour	Journal of Tabriz University of Medical Sciences	2009	Google scholar ISC
36	Electrical Stimulation Effects on Muscle Endurance	SK Shakouri, F Eslamian , B Eftekhari, Z Pezeshki, Dargahi Z.	Medical Journal of Tabriz University of Medical Sciences	2008	Google scholar ISC
37	Effects of Radial Artery Harvesting on Hand Function in	AR Jodat, SK Shakouri, F Eslamian , AH	Journal of Tabriz University of	2006	Google scholar ISC

	Coronary Artery Bypass Graft Patients	Shakeri, M Rahbar, R Parvizi, A Naghdi	Medical Sciences		
38	Effects of Radial Artery Harvest in Coronary Artery By Pass Grafting on Forearm Blood Flow	AM Jodat, SK Shakouri, AH Shakeri, F Eslamian	Kowsar Medical Journal	2006	Google scholar ISC
39	Association Between Clinical Severity of Carpal Tunnel Syndrome and Physical Characteristics, Including Body Mass Index, Total and Segmental Body Composition	Fariba Eslamian, Tannaz Novinbahador , Mina Jafarporiane Janati., Soraya Babaei , Sanam Dolati , Neda Dolatkah	Biomedical Research Bulletin	2025	Google scholar

Positions held: (past- current)

Start and End Date	Job Title, Responsibilities and achievements
August 2011 till present	Educational Deputy of Physical medicine and Rehabilitation Department
2012-present	Associate Professor of Physical medicine and Rehabilitation Department, Faculty of Medicine, Tabriz University of Medical Sciences
2007-present	Attending staff , Physical medicine and Rehabilitation ward, Imam Reza Medical Center, Tabriz University of Medical Sciences
2020-present	Head of the Physical medicine and Rehabilitation ward of Imam Reza Hospital

Association Memberships (past and current)

Start and End Date	Job Title, Responsibilities and achievements
2009- present	Member of International Society of Physical and Rehabilitation Medicine (ISPRM) .
2010-present	Member of Iranian Society of Physical Medicine, Rehabilitation and Electrodiagnosis
2000-present	Member of Iranian Medical Council
2010-present	Member of Physical Medicine and Rehabilitation Research Center in Tabriz University of Medical Sciences.
2005-present	Member of committee of Residents examinations
2017-2020	Member of committee of national pre-board and board examinations
2009-2019	Member of protests checking committee in residency annual examinations

	and pre board examination of Physical Medicine and Rehabilitation Department
2023-present	Member of the Women of Charity, Imam Reza Charity Organization
2024-2027	Member of the Pre-Board and Board Examining for the Physical Medicine and Rehabilitation specialty Certification

Awards and Recognitions

Start and End Date	Details
September 2005	Number one Award of Iranian Ministry of health & medical education for Earning the first Rank in the National Board Certification Examination of Physical Medicine and Rehabilitation in Tehran, Iran.
December 2010	Number one Award of 14 th annual Iranian congress of Physical Medicine and Rehabilitation for being nominated as “ distinguished lecturer ” in Tehran/Iran,
October 2009	Number one Award of 12 th annual Iranian congress of Physical Medicine and Rehabilitation for being nominated as “best poster presentation” in Tabriz/Iran,
November 2013	Number one Award of first international Iranian congress of Stroke for being nominated as “ best poster presentation ” in Tabriz/Iran,
August 2024	Selected as distinguished physician of Imam Reza hospital in the doctors' Commemoration Day (1 shahrivar 1403)
May 2025	Selected as distinguished Professor of Tabriz medical council in the teacher's Commemoration Day (12 ordibehesht 1404).